NAME: __________________________

ACTIVITY WORKSHEET: EVALUATE YOUR LUNCH FOR SPACE MISSIONS

SENSORY EVALUATION VOCABULARY

<table>
<thead>
<tr>
<th>APPEARANCE</th>
<th>TEXTURE</th>
<th>TASTE/SMELL</th>
</tr>
</thead>
<tbody>
<tr>
<td>colourful</td>
<td>shiny</td>
<td>brittle</td>
</tr>
<tr>
<td>bubbly</td>
<td>solid</td>
<td>chewy</td>
</tr>
<tr>
<td>crumbly</td>
<td>thick</td>
<td>crispy</td>
</tr>
<tr>
<td>foamy</td>
<td>thin</td>
<td>dry</td>
</tr>
<tr>
<td>greasy</td>
<td>watery</td>
<td>flaky</td>
</tr>
<tr>
<td>lumpy</td>
<td>wet</td>
<td>gooey</td>
</tr>
<tr>
<td>powdery</td>
<td></td>
<td>hard</td>
</tr>
</tbody>
</table>

INSTRUCTIONS
Answer the activity worksheet questions below to assess each food item in your lunch and decide whether or not it is suitable for astronauts on the International Space Station (ISS).

QUESTIONS
Assess the food and drink items in your lunch

a. Which sensory words describe the appearance? Please separate by food item.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

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________________________________________________________________________

b. Which sensory words describe the texture? Please separate by food item.

________________________________________________________________________

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________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
c. Which sensory words describe the **smell**? Please separate by food item.


d. Which sensory words describe the **taste**? Please separate by food item.


e. Which items do you think are suitable for astronauts to eat or drink on the ISS? Why?


f. If an item is not suitable for astronauts on the ISS, describe methods of changing the item to make it suitable.


